



Takbeer e Oulaa

أَنَّ عَبْدَ اللَّهِ بْنَ عُمَرَ رَضِيَ اللَّهُ عَنْهُمَا قَالَ رَأَيْتُ النَّبِيَّ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ افْتَتَحَ التَّكْبِيرَ فِي الصَّلَاةِ،
فَرَفَعَ يَدَيْهِ حِينَ يُكَبِّرُ حَتَّى يَجْعَلَهُمَا حَذْوَ مَنْكِبَيْهِ.

Narrated `Abdullah bin `Umar:

I saw Allah's Messenger (ﷺ) opening the prayer with the Takbir and raising his hands to the level of his shoulders at the time of saying the Takbir.

Sahih al-Bukhari 738

We learn from this Hadith that when we start our prayer stand facing towards the Ka'ba and raise your hands up to your shoulders and Say Allah u Akbar (Allah is Great)

OFFERING PRAYER ACCORDING TO SUNNAH

The Qiyam (The standing posture)

1. In a state of ablution, stand facing the "Qiblah" Then raise the hands up to the shoulders, proclaiming "Allahu Akbar"
2. When raising hands, the fingers should be in the natural state - neither stuck together nor wide open
3. Raise hands up to the shoulder level because holy prophet pbuh used to do this.
4. Sometimes holy prophet pbuh raised the hands up to his ears

Sheikh Albani RA says that a person should raise them level with his shoulders, or sometimes until they are level with his earlobes. I say: with regard to touching the earlobes with the thumbs, there is no basis for this in the Sunnah, rather in my view this has to do with waswaas (insinuating whispers of the Shaytaan).

According to Sunnah we should raise hands/palms up to shoulders or ears.

Raising hands up to shoulders or ears is same for both men and women.

There is no authentic hadith which says that men should raise hands up to ears and women should up to shoulders. Both men and women should raise hands up to the same level.

5. Then he should place his right hand on his left, immediately after the Takbeer. This is the way of the Prophets (peace be upon them), and this is what the Messenger of Allah (peace and blessings of Allah be upon him) enjoined upon his companions. It is not permissible to let the arms hang at the sides.